### **Annual Report for** 2010

15

# THE KNIGHTS OF RIZAL WINNIPEG CHAPTER INC ANNUAL REPORT

Knights of Rizal Winnipeg Chapter Inc 737 Keewatin Street Winnipeg, Manitoba, Canada R2X 3B9

# Chapter Commander's Message

By Sir Dr. Tom Colina, KGOR Chapter Commander and Deputy Area Commander

As 2010 was a year where the Chapter activities were dominated by the implementation of the partially funded year long Regional Project for Elder Abuse Awareness entitled Innovative Cultural Approaches in the Prevention of Elder Abuse or ICAPEA, this report again presented in newsletter style would in turn be dominated by a report on the implementation of this project. The Knights of Rizal was privileged to be involved in servicing our Filipino Canadian seniors in this manner. I am again proud to be involved with the noble activities of the KoR Winnipeg Chapter and the individual Knights that were intimately involved in our worthwhile projects.

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# Seniors

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# JANUARY, FEBRUARY, MARCH 2010

# Public Launching of the KoR-MAFTI Project: Innovative Cultural Approaches in the Prevention of Elder Abuse

An estimated 150 people attended the public announcement and launching of the project entitled "Innovative Cultural Approaches in the Prevention of Elder Abuse" held on March 19, 2010 at the Philippine-Canadian Centre of Manitoba (PCCM). A full grant of \$100,600.00 was given by the Department of Human Resources through the New Horizons for Seniors Program for this regional project. Principal applicant, the Knights of Rizal (KoR) with Sir Dr. Tom Colina,

KGOR, as its Chapter Commander, in partnership with the Manitoba Association of Filipino Teachers Inc., made the formal announcement, Mrs. Gemma Dalayoan, President of (MAFTI) and program designer described the nature, goals, and objectives of the project. Guests which included Member of Parliament, Hon. Joy Smith, representing the Federal government, Hon. Jim Rondeau, Provincial Minister of Healthy Living, Youth, and Seniors were among the guests



aside from service providers from the health and social services who have direct contact with the seniors.

One of the goals of the program is for seniors to understand that they have rights to be appreciated, respected, valued, and protected despite their age. However, they have to come first to a realization that there are some traditional cultural values and customs that hinder them from knowing and asserting their rights. A series of workshops, brochures, pamphlets, and write-ups about the prevention of elder abuse will be developed. The project also aims in sensitizing service providers in effectively communicating with seniors by giving them a two-page Filipino community profile specifying some perspectives and practices on aging, health, and family. A "two-page" *Tips in* 

Communicating with Filipinos and other South-East Asians will also be developed. These outputs will be shared among Filipino communities across Manitoba and in nearby provinces, such as Saskatchewan, Alberta, and British Columbia through their senior representatives and other South East Asian seniors organizations.

Lady Jean Guiang, Project Coordinator and her administrative assistant, Mrs. Carrie Barroga with the help of the Project Team which includes Sir Felino de Jesus, KCR; Sir John Gano, KCR; Sir Mohamed Alli, KCR; and Sir Rev. Dr. Neil Parado, KGOR; Sir Dr. Rey Pagtakhan, KGOR; Mrs. Gemma Dalayoan will implement the program and activities of the project. The said team will need the support of senior organizations and the general public to make the project effective and productive.



<u>Picture above:</u> Members of the ICAPEA Core Team from left to right— Sir Felino De Jesus, Chapter Exchequer, Sir Mohamed Alli, Chapter Deputy Pursuivant, Mrs. Gemma Dalayoan, MAFTI President and Project Proposal Writer, Sir Rev. Dr. Neil Parado, Canada Region Area Commander and Project Co-Manager, Sir Dr. Tom Colina, Canada Region Deputy Area Commander and Project Co-Manager in planning meetings for ICAPEA workshops. Missing Core Team Members: Lady Jean Guiang, Project Coordinator, Mrs. Carrie Yudai, Project Administrative Assistant, Sir John Gano and Sir Dr. Rey Pagtakhan, Project Advisors



Picture to the left: left to right- Sir Dr. Tom Colina, Joy Smith, Member of Parliament for East Kildonan, Mrs. Gemma Dalayoan, and Jim Rondeau, Member of the Legislative Assembly of Manitoba the Minister responsible for Healthy Living, Youth and Seniors.

# KoR Winnipeg Chapter General Assembly

JOINTS GENERAL ASSEMBLIES OF THE KOR AND LKOR

Immediately prior the formal announcement of the ICAPEA Project, The KoR and the Ladies of the Knights of Rizal (LKoR) held their Annual General Assembly. The Chapter Commander's Report for 2009 was presented and accepted, as well as details of the upcoming ICAPEA Project was detailed for the General Assembly. The Plan of Action for the

year 2010 was proposed and accepted (see below). A motion to maintain the existing KoR Executive Council was made and carried to allow the proponents of the ICAPEA Project to carry out it's implementation.

# KoR Winnipeg Chapter 2010 Plan of Action

JANUARY 01 -March 30, 2010 : ANNUAL MEMBERSHIP DUES DRIVE

MARCH 19, 2010 3:00 P.M. - 4:00 P.M. : JOINTS GENERAL ASSEMBLIES OF THE KOR AND LKOR, LKOR WPG CHAPTER ELECTION and RATIFICATION OF LKOR CONSTITUTION

March 19, 2010: ICAPEA Launch and Public Announcement

MARCH 31, 2010: REMITTANCE TO SUPREME COUNCIL OF \$30 Canadian per Knight in good standing.

APRIL 2010, meeting, PCCM Boardroom: 5th ANNIVERSARY OF INCORPORATION OF OKR WPG. CHAPTER, INC., Founded in 1991 with Sir Dr. Roland Guzman as its first Chapter Commander; Awarded in 1996 *The Most Outstanding Chapter* Trophy with Sir Dr. Romy Magsino as its Chapter Commander Incorporated on April 10, 06; at the 15<sup>th</sup> International Assembly in Jersey City, Sept.1–3 /06 Sir Rev. Dr. Neil Parado was awarded the *Distinguished Service Medal of Rizal* and cited as *The Most Outstanding ChapterCommander in Canada Region for RY 2005–2006*.

April to May 2010 -meeting by partner organizations Manitoba Association of Filipino Teachers (MAFTI) and the Knights of Rizal Winnipeg Chapter to organize ICAPEA

Workshop #1.

MAY 29, 2010 : ICAPEA Workshop # 1

Venue: PCCM

JUNE 5 - 14th, 2009: PHILIPPINE HERITAGE CELEBRATIONS, hosted by the Philippine Heritage Council of Manitoba and co-sponsored by the Knights and Ladies of Rizal, Winnipeg Chapter & other Filipino-Canadian Organizations:

Events in the week include flag raising at the Philippines Canadian Center of Manitoba (PCCM) -on June 5 at 9:00 AM at the PCCM

An evening that explores ethnic diversity in the city of Winnipeg in a program called "Share Our World" which venue is also in the PCCM.

The 112<sup>th</sup> Philippines Independence Ball is held at the Hotel Marlborough on June 11, 2010 celebrates the 112<sup>th</sup> Anniversary of the Proclamation of Philippines Independence.

June 18, 2010: KoR 149th Birthday of Dr. Jose Rizal Celebration; as well as the 3<sup>rd</sup> Anniversary of the unveiling of the dr. Jose Rizal Way. KoR co sponsors the celebration of the 5<sup>th</sup> World Elder Abuse Awareness Day at the PCCM. *Program for the day to be developed.* 

July 2010— meeting by partner organizations Manitoba Association of Filipino Teachers (MAFTI) and the Knights of Rizal Winnipeg Chapter to organize ICAPEA Workshop #2.

August 01 -14, 2010: FOLKLORAMA in which Knights and Ladies volunteer at the Philippine Pavilions.

August 21 ICAPEA Workshop #2

Venue: PCCM

September 2010— meeting by partner organizations Manitoba Association of Filipino Teachers (MAFTI) and the Knights of Rizal Winnipeg Chapter to organize ICAPEA Workshop #3.

October 08, 2010: Youth Recognition Awards Night at PCCM to honour young Filipino-Canadian High School Graduates for their Academic and Leadership Excellence.

October 16, 2010: ICAPEA Workshop#3

Venue: PCCM

October 23—Senior's Wellness Committee event—a seminar(subject being planned) coincides with celebration of Senior's Month.

November to December 2010— meeting by partner organizations Manitoba Association of Filipino Teachers (MAFTI) and the Knights of Rizal Winnipeg Chapter to evaluate ICAPEA Workshops and supervise output production.

November 28, 2010: PCCM ANNUAL GENERAL ASSEMBLY & ELECTION OF PCCM BOARD OF DIRECTORS.

December 30, 2010: 114th Anniversary of Dr. Jose Rizal's Martyrdom:

Tentative Agenda

4:00 P.M. Wreath-Laying at Chapel Lawn Memorial Gardens;

6:30 P.M. at the Philippine-Canadian Centre of Manitoba (PCCM)

\*Entrance of Colors

\*Singing of the National Anthems: Lupang Hinirang & O

Canada

\*Dinner

\*Rites of Initiation, Elevation and Exaltation



<u>Picture above:</u> KoR and LKoR at the KoR Winnipeg Chapter General Assembly, March 19, 2010

# **APRIL AND MAY 2010**

# SIR ERNIE BACOSA PASSES AWAY

April saw a respected member of the community and former KoR Winnipeg Chapter exchequer pass away. The members of the KoR Chapter paid their respect during a funeral prayer service on April 29, 2010.

# ICAPEA WORKSHOP #1-FORUM ON CULTURAL SIMILARITIES

The ICAPEA Project proceeded accordingly and preparations were made leading up to the first working event of the project. Print media served as an excellent medium for public awareness for the community. Below

are sample posters/invitation related to the irst forum and a brief description of the event. As well, one of many articles covering the event follows.





# Forum on Cultural Similarities

- Occurred in May 29, 2010
- Speakers from differing SE Asian Communities spoke about culture and family
- Explored similarities in culture for the varying groups
  - Explored concepts related to how culture may help/ hinder recognition and management of elder abuse.
- Attended by over 150 people
- Insights attained regarding need to target younger generation for elder abuse program
- Mobility issues of seniors noted



# ICAPEA holds first forum on elder abuse

Tuesday, 01 June 2010 00:03

The Winnipeg Chapter of the Knights of Rizal (KoR) and the Manitoba Association of Filipino Teachers Inc. (MAFTI) held a forum on family and culture at the Philippine Canadian Cultural Centre (PCCM) on Saturday, May 29. Representatives from various Asian seniors organizations discussed their respective cultures and traditions in this first in a series of three forums organized as part of the Innovative Cultural Approaches in the Prevention of Elder Abuse or ICAPEA project. The initiative is designed to raise awareness of elder abuse in the public, especially among seniors from the Asian communities who may not be fully aware of their rights in Canadian society.

The Honourable Dr. Rey Pagtakhan moderated the forum, which included presentations from Art Miki, Debbie Guo, Dr. Won Kyum Kim, Harry Lee, Hien Tran, Esther Tran, Bounloy Vongrathsavay and Gemma Dalayoan.

Organizers Dr. Tom Colina and Jean Guiang opened the forum after the invocation by Rev. Dr. Neil Parado. All three levels of government also addressed the forum with greetings from Joy Smith (MP for Kildonan-St. Paul), the Honourable Flor Marcelino (Manitoba Minister of Culture, Heritage and Tourism) and Councillor Mike Pagtakhan (Point Douglas).

Two more forums will be held in August and October.

ICAPEA forum participants, May 29, 2010

ICAPEA forum participants may 2010,



Have a comment on this article? Send us your feedback

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2010

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# JUNE, JULY AND AUGUST 2010

PHILIPPINE HERITAGE WEEK CELEBRATIONS and COMMEMORATION OF DR. JOSE RIZAL 149th **BIRTHDAY** 

June was a busy month for the membership. The Philippines Heritage Week Celebrations is hosted by the Philippines Heritage Council of Manitoba and co sponsored by the KoR and the LKoR. Winnipeg Chapter and other Filipino Organizations. Activities that the KoR participated in included: A flag raising ceremony at the PCCM, an event called "Share Our World" exploring cultural diversity in Manitoba, the

Philippines Independence Day Ball, and of course the celebration of Dr. Jose Rizal's 149th birthday. This event was held in the PCCM and had a dual program. Sir John Gano, chairman of the KoR Seniors Wellness Committee spearheaded the celebration of the World Elder Abuse Awareness Day. This event that preceded the KoR commemoration of Rizal's birthday saw the interorganizational collaborations of a number of Filipino-Canadian Seniors groups. The groups are highlighted in the copy of the program for the celebration—see below. The successful event is planned again next year.

The Knights of Rizal (KoR) Seniors Wellness Committee being the lead proponent of this event, whole heartedly express our gratitude to the follo le from different seniors group in the Filipino co munity and Aboriginal Organizations for their contrib

Registration: Mr. Ellen Chua

Usberenes:

Mr. Lisa Pascual Mr. Africa Torres Ms. Carrie Dela Cruz Ms. Mely Pagaduan Ms. Auring Cleofas

Food Service:

Ms. Letty Antonio Mr. Euther Gabriel Mr. Pacita Balite Mr. Routs Dulay

Ms. Luz Sarmiento Mr. Juanita Limon

Entertainment: Ms. Zeny Calimina

Mr. Clara Orallo

OFSAM & FILCASA Dance Group

Mr. Beleu Leyda Mr. Tessie Briones Mr. Lorie Fernandez Mr. Mercie Cusreums

BIBAK Senior: Group Canadian Aboriginal Community Hoop Dance and Singing

### Steering Committee Members:

Mr. John Gano, KCR (KoR)

Ms. Ellen Chua (PGM)

Mr. Flor Tonelete (FILCASA)

Ms. Letty Antonio (OFSAM)

Mr. Florencio (Tony) Antonio (OFSAM)

Mr. Mohamed Alli, KCR (KoR)

Mr. Philip Pascual, KCR (UAFoS)

Mr. Alex Oyas (BIBAK)

Rev. Neil Parado, KGOR (KoR) Mr. Felino de Jesus, KCR (KoR)

The Knight: of Rizal, Winnipeg Chapter Inc., acknowledge: with gratitude the valuable contribution of the Manitoba Ethno-cultural Community Support Program in their activities and project...



# The Knights of Rizal Winnipeg Chapter, Inc.



in cooperation with

# BIBAK

Benguet Ifugao Bontoc Apayao Kalinga Seniors Group

# FILCASA

# UAFOS

United Association of Filipino Seniors



Original Filipino Seniors Association of Manitoba



Pangasinan Group of Mamnitoba

### Program

### World Elder Abuse Awareness Day

Philippine-Canadian Centre of Manitoha 737. Keerstatin Street Winnipeg, Manitoba June 18, 2010 (1:00 PM - 5:00 PM)

1:00 PM to 3:00 PM

Entrance of Colons
 Singing of National Amnems

Mir. Elos Toppiete. Bayang Magiliti. O' Canada

III. Invocation:

IV Welgome and Acknowledgement

Rev. Dr. Neil Parado. Mr. John Gano, KCR.

Chairperson

Senior Wellness Committee

V. Greetings

Hon Joy Smith, MP Kalapaga-St. Paul

Hon Elex Macraline Minister of Culture, Hentage and Tourism

Councilor Mike Pagtakhan Point Douglas Ward

Mrs. Edda Pangilinan Hoppings Consul of the Philippines

VI\_Guest Speaker

Hon Jim Bondess. Minister of Healthy Living and Seniors Affairs

VII Jamaducting of Presenters

Mr. John Gano

Senior Wellness Committee

VIII Fligging and Asian Perspective:

Mrs. Gemma Dalayoan (MAFTI)

IX. Aboriginal Perspective:

Mr. Theims Meade

X Extertaigment

Mrs. Clara Ocallo (2)

Mr. Zeon, Calimian.

Ms. Merry Coaseson

Aboriginal Seniors Singers

OFSAM and FILCASA Dancers

Bausper Ifugao Boutoc Festival Dauce BIBAK

Hoop Dance Courtesy of Aboriginal Seniors Resource Centre

XI, Closing Remarks

Mr. Philip Pascual, KCR.

Master of Ceremony:

Mrs. Letty Antonio (OFSAM)

Pearl Family Dental Care 1-757 Keewarin Street Winnipeg, Manitoba 204-633-9538

Ellice Dental Group 506.Effice.Avenue Winnipeg, Manitoba 204-774-3527



Terry Duguid for MP Winnipeg South Liberal Parry of Canada Candidate



Mike Pagrakhan Councilor Point Douglas Ward



Kevin Chief for MP Winnipeg North National Democratic Party Candidate

The Knights of Rizal, Winnipeg Chapter Inc., acknowledges with gratitude the valuable contribution of the Manitoba Ethno-cultural Community Support Program in their activities and project...

### Program

### World Elder Abuse Awareness Day

Philippine-Canadian Centre of Manitoba 737 Keewatin Street Winnipeg, Manitoba June 18, 2010 (1:00 PM - 5:00 PM)

1:00 PM to 3:00 PM

I. Entrance of Colour

II. Singing of National Anthems:

Flor Tonelete Bayang Magiliw O' Canada

III Invocation

Rev. Dr. Neil Parado, KGOR

IV. Welcome and Acknowledgement:

Mr. John Gano, KCR. Chairperson

Ms. Joy Smith, MP

Senior Wellness Committee

V. Greetings:

Kildonan-St. Paul Hon. Flor Marcelino Minister of Culture,

Heritage and Tourism Councilor Mike Pagtakhan, KCR

Point Douglas Ward

Ms. Edda Pangilinan Honourary Consul of the

Philippines

VI. Guest Speaker:

Hon. Jim Rondeau Minister of Healthy Living and Seniors Affairs

VII Introduction of Presenters

Sir John Gano, KCR. Chairperson

Senior Wellness Committee

VIII. Filipino and Asian Perspective:

Ms. Gemma Dalayoan (MAFTI)

IX. Aboriginal Perspective:

Ms. Thelma Meade

Master of Ceremony: Ms. Letty Antonio (OFSAM)

### 3:00 PM to 5:00 PM

I Refreshments

II. Entertainment:

Ms. Clara Orallo (2)

Ms. Zeny Calimlim

Ms. Merry Cuaresma

Aboriginal Seniors Singers

Salakot

OFSAM and FILCASA Dancers

Benguet Festival Dance

Hoop Dance

Courtesy of Aboriginal Seniors Resource Centre

III. Closing Remarks:

Mr. Philip pascual, KCR

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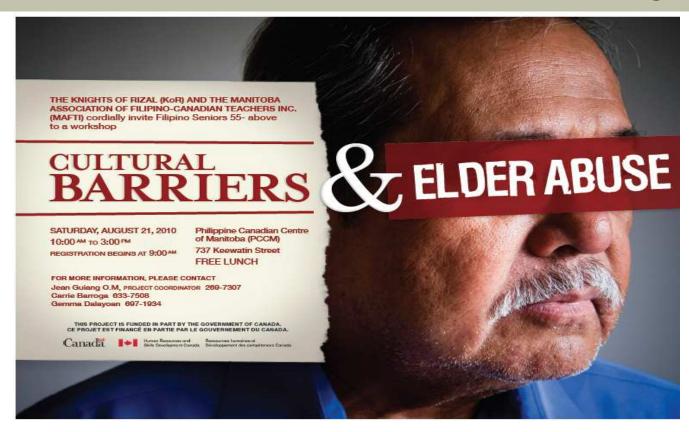
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# ICAPEA WORKSHOP #2: CULTURAL BARRIERS AND ELDER ABUSE

July was a preparatory month for the second planned workshop for the ICAPEA project. Again, a sample of the print awareness campaign is presented below. Tremendous amount of insight was gained in the workshop which included the opportunity for participants to discuss the different forms of elder abuse

and participants also shared their experiences with elder abuse. The participants were primed for the discussions with the presentation of an original play commissioned by the ICAPEA core team, and written by Sir Rod Cantiveros, KCR and Public Relations Officer of the KoR Winnipeg Chapter. Below are images taken during the workshop.





# Cultural Barriers and Elder Abuse

- Occurred in August 21, 2010
- Two Parts Program
  - Dapit Hapon play presentation
  - Division of attendees to review concepts of elder abuse including:
    - Financial and Material Abuse
    - Physical and Sexual Abuse
    - Verbal and Emotional Abuse
    - Institutional Abuse
- Workshop presented in the Pilipino language



Picture to the left: Dapit Hapon actors and seniors Florencio and Leticia Antonio

Picture Below: Sir Rod Cantiveros (middle) and casts receives a standing ovation.



# September, October and November 2010

# ICAPEA Workshop#3: Servicing and Communicating with Seniors

September and October were used to prepare for the 3<sup>rd</sup> workshop of the ICAPEA project. As noted in the following pages, the event occurred on November 6, 2010 at the PCCM. Service providers made presentations and explored with the participants their roles in dealing and aiding those that are suffering from elder abuse. The

SERVICING
COMMUNICATING
WITH SENIOR

THE KNRGHTS OF RIZAL (KORT) AND THE MANITOBA ASSOCIATION OF FILIPINO-CANADIAN
TEACHERS INC. (MARTI) cordially invite Filipino Seniors 55-ebove to a workshop

SATURDAY, NOVEMBER 8, 2010
10:00° TO 3:00° TO 3:00°

event was attended by over 200 people. Sir Frank Macapagal, who represented the province of British Columbia in the workshop, and is also slated to fill the KoR Chapter Commander position for the new KoR Vancouver Chapter. A very special project, that of the printing and distribution of an original book that was a product of a cultural research project by the KoR Senior's Wellness Committee for the Manitoba Ethnocultural Office was actualized. Copies of the book entitled "Understanding Filipino" Seniors" Their Immigration, Settlement and Adaption Process" was distributed to service providers and senior organizations for use as reference material. Below are print media awareness material, images of the workshop attendees, and the cover art for the book mentioned previously, and media coverage of the event.

# SIR MIKE PAGTAKHAN and SIR KEVIN LAMOREAUX WINS THEIR ELECTIONS

Sir Councillor Mike Pagtakhan successfully defended his riding on October 27, 2010, being re-elected in the Winnipeg civic elections for the Point Douglas Ward. His letter to his constituency is found on page 20.

Sir MP Kevin Lamoreaux was successful in regaining the federal riding of Winnipeg North for his Liberal Party on November 29, 2010(see page 21). Sir Kevin was the long time MLA of the provincial government for the Inkster Riding of Winnipeg.

The KoR congratulates these two extremely hard working and active Knights of the Order.

Picture at left: ICAPEA print media awareness campaign for the third workshop.

# Servicing and Communicating with Seniors

- Occurred on November o6, 2010
- Speakers inluded:
  - Police Department
  - Age and Opportunity
  - Protection for Persons in Care
  - Manitoba Seniors and Healthy Living Secretariat
  - Partners Seeking Solution with Seniors
  - Communication Tips from Gemma Dalayoan.
- Initial dissemination of outputs.

# Servicing and Communicating With Seniors

- Outputs distributed included:
  - "Understanding Filipino Seniors" resource book
  - Directory of service providers
  - Tips in Communicating with Filipino Seniors
  - Filipino Community Profile
- Service providers also had material for senior attendees



Picture at left: ICAPEA workshop where over 200 people participated.



Picture at left: from left to right: attending the third ICAPEA workshop are Member of Parliament Jason Kenney, Minister of Citizenship, Immigration and Multiculturalism, Sir Dr. Tom Colina, Sir Dr. Rey Pagtakhan, workshop mediator, former Member of Parliament and KoR Western Canada Area Advisor, and Sir Frank Macapagal, Vancouver representative for ICAPEA and assigned Chapter Commander for the new Vancouver Chapter of KoR.



### **Canadian News**

# Elder Abuse project wraps up with well-attended workshop *Gemma Dalayaon*

The third and final workshop "Servicing and Communicating with Filipino Seniors" was held November 6, 2010 with about 200 people attending. The workshop was part of the federally-funded "Innovative Cultural Approaches in the Prevention of Elder Abuse" (ICAPEA) project that was jointly implemented by the Knights of Rizal and the Manitoba Association of Filipino-Canadian Teachers Inc (MAFTI).

Dr. Tom Colina, Winnipeg Chapter Commander of the Knights of Rizal delivered the opening remarks followed by prayers led by Dr. Paul Oraullo.

Representatives of various Service Providers addressing the needs of seniors did presentations in the morning followed by a Q and A moderated by Dr. Rey Pagtakhan. Among the agencies represented were Age & Opportunity, Winnipeg Police, Multicultural Secretariat on Seniors, Healthy Living, Protection for Persons In Care, and Partners In Seeking Solutions.

In the afternoon, project designer Gemma Dalayoan spoke on the Communication Styles of Filipinos. Special guests including Federal Minister of Immigration, Tourism, and Citizenship Jason Kenny, Member of Parliament Joy Smith, and Jim Rondeau, Minister of Seniors and Youth Healthy Living delivered their greetings. Other guests included Justice Minister Andrew Swan, MLA Rob Altemeyer (Wolsely), MLA Doug Martindale (Burrows), Councillor Mike Pagtakhan (Point Douglas), and Susan Hrynyk, School Board Trustee, Ward 3. Guests from three Western provinces were also present: Doris Collantes (Alberta), Frank Macapagal (British Columbia) and Dr. Eusebio Koh (Saskatchewan).

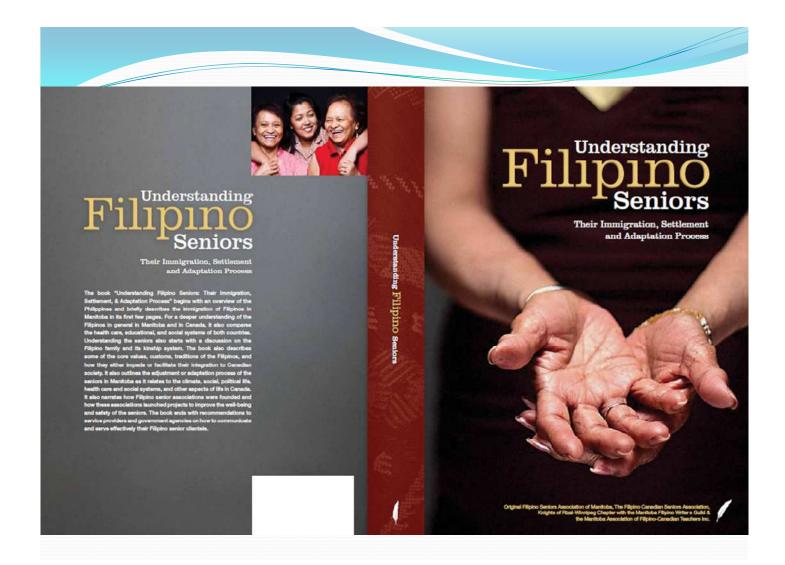
Program coordinator Virginia Guiang, OM, was the emcee.

Participants had a chance to peruse and pick up information materials available at the three booths set up by the Service Providers. Handouts on Practical Tips in Communicating with Seniors, General Profile of Filipinos in Manitoba, and contact lists of service providers were distributed to the attendees.

Copies of the book," Understanding Filipino Seniors: Their Immigration, Settlement, and Adaptation Process", written by Gemma Dalayoan and published by the Knights of Rizal (KoR), the Original Filipino Seniors in Manitoba (OFSAM), Filipino Canadian Seniors Association (FILCASA), and the Veterans Association of Manitoba (VAM), were given to the speakers from

Service Providers.

The ICAPEA project was funded by the New Horizons Program for Seniors under the Human Resource Skills Development, Canada (HRSDC). The Steering Committee composed of Dr. Colina, Gemma Dalayoan, Jean Guiang, Carrie Barroga, Felino de Jesus, Rev. Dr. Neil Parado, Mohammed Ali, and John Gano express their gratitude and appreciation to everyone who helped and supported the project's three workshops.



Picture at above: Cover art design for the book "Understanding Filipino Seniors", a book produced from a cultural research project by the KoR Seniors Wellness Committee.



## Dear Fellow Neighbour,

Let me start with a hearty welcome to the residents of Meadows West who are now part of the civic ward of Point Douglas! This change was made by the Ward Boundaries Commission in 2009. I am excited and look forward to representing and working alongside all our new neighbours in Meadows West from 2010 - 2014! Welcome!

As your City Councillor for the Point Douglas ward, it has been an honour and pleasure working along side many of you on many wonderful and exciting initiatives that are rejuvenating and building prosperity in all of the neighbourhoods of the Point Douglas Ward! We worked together to complete the new North Centennial Recreation and Leisure Centre at 90 Sinclair St.! Work has already begun on the gym expansion and renovation to Sinclair Park Community Centre, and when it is completed it is going to be another gem in the North End! With basketball being more popular than ever, I worked with you to build a brand new state of the art outdoor basketball court at Weston Community Centre, and an outdoor basketball court at Tyndall Park Community Centre.

We are in the midst of graduating a new class of 50 Auxilliary Police Cadets to assist the Winnipeg Police Service in various capacities including walking the streets of our neighbourhoods! And we are also adding a new Police Helicopter to the arsenal of crime fighting tools of the Winnipeg Police Service.

Thru the SPIN Program we have provided hundreds and hundreds of youth with free recreation programming playing soccer, ping pong, and tennis. Together we made it possible to add more books to Sir William Stephenson Library, and free wireless internet access at the Millennium Library. We have also made huge strides in rejuvenating the inner city with the construction of dozens of new homes for home ownership on vacant city lots! We also recently completed the new Welcome Place housing complex for new Canadians at 519 Bannatyne Ave. And for the first time in a very long time, Main Street is witnessing a rebirth with the completion of the new WRHA office building at Main & Logan, and the soon to be completed United Way head office at Main & Pacific. Further complementing these projects is the construction of the brand new Youth Centre for Excellence at the corner of Main & Higgins!

Together we've created such positive momentum across Point Douglas! There is still so much more to do! On Wednesday October 27th, I humbly ask for your continued support so that together we can continue to make positive change for all families in Point Douglas and across the City of Winnipeg!

In Solidarity,

Mike Pagtakhan, BA. CIM, CPP City Councilor - Point Douglas Ward



Thank you, Winnipeg North!

Posted on 30 Nov, 2010 in Blog

Last night was surely a night to remember. Election Day always brings a little bit of anxiety and apprehension as I watch the results come in slowly. It couldn't have happened without the dedication of so many volunteers who rolled up their sleeves to bring out the vote.

Over the past month, we have talked at your doorsteps, on the phone, and in town halls. We shared some time – and probably a good amount of food – at your parties and other special events. We talked about your concerns, but also about your hopes and dreams.

Last night at the ballot boxes, you gave me the opportunity to bring your concerns to Ottawa. But your part in shaping a better Winnipeg North and a better Canada does not stop there. I invite you to come by the Keewatin Street McDonald's on Saturdays between 10 a.m. and 2 p.m. to have a coffee and continue our discussions.

Together, working side-by-side, we can do better. We can ensure that all people have a fair shot at the full promise of the Canadian life that is admired the world over.

Once again, thank you to all the residents of Winnipeg North!









# December 2010

Youth Recognition Awards Night and the Commemoration of Dr. Jose Rizal's Matyrdom

On December 30, 2010, a combined program composed of the 13th KoR Winnipeg Chapter Youth Recognition Awards Night and the 114th Commemoration of Rizal's Matyrdom was held at the PCCM. Long time Chair of the YRA, Sir Felino de Jesus, KCR and KoR Winnipeg Chapter Exchequer, with his YRA organizing committee once again brought together a successful evening. Seventeen scholars—Grade 15 graduates of 2010 were honored for their scholastic excellence. The criteria for selection, copy of the evening's program, a list of recipients, and images of the event are on page23–27. Merit award in the form of cash prizes were presented to the KoR scholars.

A dinner, wreath laying ceremony and an inspirational speech from the KoR Winnipeg founder Sir Dr. Roland Guzman were components of the commemoration program. The event was well attended by over 120 individuals.

SPECIAL REPORT

Catanduanes 9th Medical Mission

Sir Dr. Rudy Padua, KCR and Sir Amado Mendoza,

KCR were preparing to participate the biannual medical mission for February 2011 organized by the Catanduanes Medical Association. The two Knights lead the Winnipeg contingent in this 88 member mission team. Volunteers hail from the United States, Canada and the Philippines.

### Sir Rev Dr. Neil Parado Battles Cancer

Sir Rev Neil was hospitalized in September of 2010. He fought bravely to recover. His primary concern while gravely ill was the continuation of the work of the KoR Winnipeg Chapter to promote KoR ideals. At the time of this report's writing, Sir Rev Neil had succumbed to his illness and the community of Winnipeg and the membership of the KoR mourns his death. This was a tremendous loss of a leader that served as the membership inspiration through the zeal and passion in performing his leadership duties for the KoR Western Canada Region and the KoR Winnipeg Chapter. Sir Rev Neil's obituary and images captured during his attendance to the KoR international meeting in Prague, Czechoslovakia and Las Vegas, USA are found on pages 27 to 29.



# The Knights of Rizal Winnipeg Chapter Inc.



Dr. Jose Rizal
THE GREAT MALAY

### \_\_\_\_\_\_

### ACADEMIC EXCELLENCE AND LEADERSHIP CATEGORY

### **Basic Criteria**

- 1. Overall grade average must be at least 90% and not more than one passing mark lower than 75%
- 2. Must have completed at least 5 core subjects at the 40S level of difficulty
- 3. Nominated by the School Principal or authorized school official
- 4. Full or partial Filipino parentage
- 5. Graduating in June 2010

### **Supplementary Criterion**

Received award(s) for leadership or had demonstrated significant leadership involvement in the school or in the community

### ACADEMIC EXCELLENCE CATEGORY

### Basic Criteria

- 1. Overall grade average must be at least 92% and not more than one passing mark lower than 80%
- 2. Must have completed at least 5 core subjects at the 40S level of difficulty
- 3. Nominated by the School Principal or authorized school official
- 4. Full or partial Filipino parentage
- 5. Graduating in June 2010

### OUTSTANDING ACHIEVEMENT CATEGORY

### **Basic Criteria**

- 1. Nominee must have participated in a national competition (there is no need to win)
- 2. If the nominee participated in a provincial competition, then the achievement must be as a champion
- 3. Graduating in June 2010

Note: Identified academic and/or leadership awards/achievements will be used for selection purposes in the event that there are large numbers of nominees or to break a tie. Therefore, we would encourage the schools to list nominee's awards/achievements on the nomination form or in a separate page/s.

Please provide us with the nominees phone numbers and email address if available, so we can communicate with them once our decisions are finalized.

We also need a list of their Awards, accomplishments, employment, volunteer works and leadership positions and civic or social organization membership held while in school.

# DONORS

Sir Dr. Tom Colina, KGOR DMD

Vickars Chevrolet, Nissan and Mitsubishi Mr. Larry and Ms. Tova Vickar President

Mr. Jim Kurz - Scotia Bank Main Branch Manager Sir Dr. Fran Violago, KCR MD

Mr. & Mrs. Teeka and Fros de Jesus Pokhoy Proprietor - Al Nutrition

Dr. Michael de Jesus Pokhoy DMD

Lady Dr. Lydia Lucman, MD

Sir Terry Duguid, KCR

Ladies of the Knights of Rizal

Mosaic Funeral Services Sir Darin Hoffman

Sir Councilor Mike Pagtakhan, KCR Councilor Point Douglas Ward

appreciation for the DONORS support of this Y.R.A. project every The Knights of Rizal Winnipeg Chapter expresses gratitude and year, thank you very much.

gratitude to the Manitoba Ethnocultural Support Group for the continued The Knights of Rizal Winnipeg Chapter acknowledge and express our support of our annual activities.

The continued cooperation of all the High Schools in Winnipeg public and private is greatly appreciated by the Knights of Rizal Winnipeg



# Winnipeg Capter's Rnights of Rizal "Non Omnis Moriar"





# Recognition 4 wards Fourteenth Louth

# Kisal Martyrdom Commemoration



Winnipeg, Manitoba R2X 3B9 PCCM Multi-Purpose Room December 30, 2010 737 Keewatin St.

Master of Ceremonies: Sir Mohamed Alli Sir Edgar de Leon

Recipients, Donors and members of KoR and LKoR

please, stay for a picture taking.

# Program

Frogram	П	AATA Vand. Dagamition	Committee Mambano
I. Entrance of Colours	Sir Art Domingo, KCR and	soad a cuta recognition committee prenincis	Communee Memoris
	Sir Ed Kean, KCR	Sir Felino de Jesus, KCR Chairperson	
II- National Anthems Lupang Hinirang and O' Canada	Lady Clara Orallo	Committee Mem	Sir Manny Fabre, KCR
III. Invocation	Lady Lea Magsino President Ladies of the Knights of Rizal	Sir Edgar de Leon, KCK Sir Glynn Davies, KCR Sir Art Domingo, KCR Sir Art CR Sir Art CR Sir Art Domingo, KCR	Sir Mohamed Alli, KCK Sir Ed Kean, KCR Sir Terry Duguid, KCR KCR
IV. Dinner			
V. Action edgement of Guests	Sir Mohamed Alli, KCR	KNIGHTS OF RIZAL, WINNIPEG CHAPTER COUNCIL:	IPEG CHAPTER COUNCIL:
	Sir Art Domingo, KCR	Sir Dr. Tom Colina, KGB &	Chapter & Deputy Area Commander
VI. Opening Remarks	Sir Dr. Tom Colina, KGOR	Sir Edgar de Leon, KCR	Deputy Chapter Commander
VII. Introduction of the Guest Speaker	Sir Glynn Davies, KCR	Sir Nap Ebora, KCR	Chancellor
Vill Inspirational Message	Sir Kevin Lamoureux, KCR MP	Sir Felino de Jesus, KCR	Exchequer
IX. Past Recipient's Message	Ms. Johsa Manzanilla	Sir Jesus A.M. Garcia, KCR	Pursuivant
X. Cello performances	Ms. Kanisha Cayla Crus-Kaa	Sir Milton Mestito. KCR	Archivist
XI. V. R. A. 2009 Ceremonies	Sir Pelino de Jesas, KCR	Sir Randy Viray, KCR	Auditor
Session by:	Sir Terry Duguid, KCR Sir Manny Fabre, KCR and	Sir Mohamed Alli, KCR	Deputy Pursuivant
	Sir Edgar de Leon, KCR	Sir Rene Carino, KCR	Deputy Exchequer
XII. A Response	Mr. P. Marion Percz	BOARD OF ADVISORS:	
Year Closen Remark	Str Cris Agingub, KCR	Sir Dr. Roland Guzmsn. KGOR	Western Canada Advisor
		Sir Dr. Romy Magsino, KGOR St. Dr. Rey Pagfakban, KGOR Sir Dov. Dr. Neil Deredo KCOP	Western Canada Advisor Western Canada Advisor Area Canadada Advisor
XIV- Plower Offering: (Cvoryhody stand ploase)	Lady Grace Davies Lady Frene Medina Lady Vida Venzon Lady Gory Parado	Sir Reis Pagatakhan, KCR Sir John Gano, KCR Sir John Gano, KCR	
XV Dr. Jose Rizal the Martyr	Sir Dr. Roland Guzman		
XVI. Key Knight Award:	Sir Glynn Davies, KCR		

# Youth Recognition Awards Scholar 2010

Name

Grace Amanda Pagtakhan
—Camille Pena Manansala
Jan Ramius Sy

Mark Philip Coronel Kirk Kevin Calvadores

Nicholas Carlos Montemayor Rizmarc Ong Gumpac

Kayla Mariel Capiendo Clarence Cenina

Maricris Tagay Tapiceria

-Mary Jo Vergara Ramos Ramon Javier Sales

Kanisha Cayla Cruz-Kan

P J Marlon Perez

Aldrin Christopher Sayuno

School

St. Maurice School

**Daniel McIntyre Collegiate** 

Sisler High School

Sisler High School

Sisler High School

Sisler High School

**Maples Collegiate** 

Sisler High School

Sisler High School

Daniel McIntyre Collegiate

Sisler High School

Sisler High School

J.H. Bruns Collegiate

Daniel McIntyre Collegiate

**Daniel McIntyre Collegiate** 







Obituary REV. DR. CORNELIO (NEIL) PARADO (published on February 08, 2011)



REV. DR. CORNELIO (NEIL) PARADO, KGOR Rev. Dr. Neil Parado, KGOR peacefully, passed away February 3, 2011 at 4:30 p.m., at Health Sciences Centre in Winnipeg surrounded by loved ones and with his wife Gregoria by his side. He was predeceased by his parents, Fely and Domingo and his brother Atty. Domingo Jr. He is survived by his sister Evilia in the Philippines and his brothers and sisters-in-law: Felipe (Amparo), Olive (Milton), Patrick (Erlinda), Ben (Alma), and Annie (Ceasar) of Winnipeg, Hermie (David) in California, Pedring (Edit), Raida (Galdino), Ale and sister-in-law Dely in the Philippines. He is mourned by his nieces and nephews: Mae (Don) in Vancouver and sons Tyler and Gabie; Irene (Jim) and daughters Katelyn and Lauryn, Hazel, Charmaine, Darryl and Jayson, Michael, Hamlet (Anna-Marie), Francelou and Chamille in Winnipeg; Don-G and Neil in the Philippines, John (Nadeen) in Toronto, and Kathy and Cristene in California. He will also be fondly remembered by relatives: Benny (Precy), Limson (Gigi), Mila, Rose, Joel (Nanette) and Ronald and Michelle in Winnipeg, Mila (Wayne) in Surrey, Carmen in Salinas, Mickey (Anne) in Akron, Julita and Carmen (Jes) in the Philippines, and Bobski (Clara) in Seattle. From 1953 to 1960 he obtained his Associate degree in Philosophy (Magna Cum Laude), Bachelor in Education (Cum Laude), Bachelor in Sacred Theology (Summa Cum Laude), Masters in Sacred Theology (Maxima Cum Laude) and doctorate in Sacred Theology (Magna Cum Laude). He was ordained a Roman Catholic Priest in 1959 and received the distinction of Rt. Rev. Msgr. in 1972. In 1975, he immigrated to Canada where he became the first Filipino Catholic Priest in Winnipeg, working first at Holy Cross Parish and then at St. Edwards Church. In 1979, he moved to Fisher Branch, Manitoba to pursue teaching in school division #23 and later married Gregoria Gobenciong. He retired in 1991 and quickly became involved with the Filipino Community in Winnipeg: Fundraising Co-ordinator and board member for P.C.C.M.; Coalition of Filipino-Canadians on Violence Prevention; Philippine Heritage Council, M.A.F.T.I., B.I.S.A.M.A.N., and he was the spiritual director of the Cenacle of Sto. Nino. He was also the Knights of Rizal Area Commander of Western Canada and has had numerous distinguish service medals of Rizal and Certificates conferred on him by the Supreme Commander. Lamay is on Wednesday, February 9, 2011 and Thursday, February 10, 6:00 p.m. to 12:00 a.m. at Thomson In the Park Funeral Home, 1291 McGillivrav Blvd. Funeral Service will be held Friday, February 11, 2011, 10:00 a.m. at St. John Brebeuf Parish, 1707 St. John Brebeuf Pl. The Parado and Gobenciong Families wish to profoundly thank one and all for their support, specially the GH3 staff at Health Sciences Centre. May God Bless them and their loved ones! THOMSON IN THE PARK 925-1120 Condolences may be sent to www.thomsoninthepark.com







